

Quarterly Newsletter of Ascended Masters' Teachings as taught by Mark L. & Elizabeth Clare Prophet No. 5, Summer 2016

### From the President's Desk

May 20, 2016

Dear readers,

We are very pleased to present to you the fifth issue of our quarterly newsletter '*The Violet Flame Voice*'. During the last five months, we experimented with several new ideas of spreading the awareness of the violet flame in the city by using grass-root approaches for outreach. We made several 2 feet X 4 feet vinyl signs screwed on wooden frames bearing the message: "*You can heal your problems with violet fire: Try this simple mantra every day for 15* minutes---- *I AM a being of Violet Fire, I AM the Purity God Desires.*"



We also listed free Sunday meetings at the Chananda Cultural Society premises and posted these signs near public parks, on telephone poles and traffic roundabouts in the city. Many people saw them and some called us by using the contact information provided and joined us for the meetings. We also made smaller (1 foot X 1.5 feet) signs which were posted on the back of the three-wheeler auto-rickshaws in Delhi bearing the same message. Several people called us and some came to our meetings. We intend to further expand on these ideas and use it again in future.

In February, we initiated a new cycle by sharing the wonderful teachings of the ascended masters on Sundays from 11:00 am-2:00 pm at our ashram. For the following eight weeks, we introduced seven rays of individualized divine consciousness and how one can integrate with their inherent positive virtues in our day-to-day lives by using the ancient science of the spoken word, called decrees. These rays originate from our individualized God-source, called *Om Tat Sat Om* (or simply Om) or *I AM That I AM* (or simply I AM). As we breath-in pure white light, it is divided into seven colorful rays as it passes thru our chakras, like a rainbow. The group learned how to apply the knowledge of the seven rays in resolving their personal and business problems through chanting of the decrees.

We celebrated the birthday of Mrs. Elizabeth Clare Prophet (Guru Ma) in April by watching clips from a DVD produced by the Summit Lighthouse in America entitled, "Elizabeth Clare Prophet: A Life Lived in Love. This video is a living testimonial of the life of Guru Ma who lived in love and showed the world what one can do, all can do. People were moved by this video and several of them commented afterwards how much they felt uplifted by it.

We invite you to continue visiting the ashram during the summer months. The Sunday prayer meetings will continue to be held from 11:00 am-1:00 pm. For more information, please call Poonam, at 9711057877.

Wishing you and your family a very pleasant summer!

Sincerely,

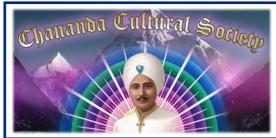
Jaspal S. Soni

**President** 

**Chananda Cultural Society** 

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www.chanandaculturalsociety.org



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### **Sunday Community Meetings at the Ashram**

The Chananda Cultural Society initiated a new cycle in February by conducting regular prayer meetings at 7/5 Kalkaji Extension on Sundays: 11:00 am to 2:00 pm. The word quickly got spread around about the transforming power of the violet flame as friends and family members began accompanying those who had been coming before. People who attended our meetings seem to be overjoyed to share their testimonials with the group about the tangible power of violet flame in reshaping their lives for the better.



On an average, 10-15 people come each Sunday—usually half of them were new comers. After an invocation by beloved Mother, we spent about an hour in sharing the teaching about violet flame and the power of the science of the spoken word in decrees. The chart of the I AM Presence and the understanding of the threefold flame made it easier for people in making the connection with the Hindu Trinity of God within as Brahma (Father), Vishnu (Son) and Shiva (Holy Spirit).

We observed that acceptance of the violet flame became easier when approached from a Hindu perspective as rings of violet fire in the aura of dancing Nataraja (Shiva). It further helped people to understand the meaning of 'I AM' as 'Shiva in me is' in the mantra:

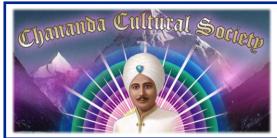
I AM a being of violet fire, I AM the purity God desires!

We concluded this portion of the meeting by chanting the mantras for the purification of each of the seven chakras alternating it with the above mantra.

During the second portion of the service, we used handouts from our mini-workshops given at the ashram last year which introduce seekers to the seven rays of Krishna consciousness. We gave a brief synopsis of the three divine evolutions of Chohans (ascended masters), Archangels (angels), and Elohim (elementals) followed by at least one decree for each category. It was inspiring to observe that by sharing teachings on a different ray each week, people become more interested and looked forward to the next meeting. We learned that it helped to explain the meaning of the words in the decrees before giving them in a group setting.

The common question asked by most people who came into contact with the teachings of the ascended masters was: Can the violet flame help them overcome their personal problems and restore balance in their lives? During our Sunday community meetings, we focused on answering this question by sharing the many benefits of applying violet flame to our problems through a two-step strategy of understanding: (1) the chart of the I AM Presence; and (2) the science of the spoken word through decrees.

It was humbling to witness the spiritual growth that was taking place both at the individual and group levels week after week. Praise the transforming power of the violet flame!



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#### **Violet Flame Saturates New Delhi**

Beginning February 7, the Chananda Cultural Society is starting weekly Sunday Services or Satsangs (Sat= Truth, Sangs=Sangha/Community) from 11:00 am -2:00 pm. The service is open to all seekers of Truth and will include introducing a new topic each week from the book, Inner Perspectives by Elizabeth Clare Prophet, giving violet flame decrees, singing devotional bhajans, playing an excerpt from a dictation and serving Prasad (Holy Sacrament).

There will be another follow-up decree service from 4:00-5:30~pm on Sundays for people who want to stay or those who can come only for the second service. We have advertised this initiative in local magazines and posted messages on traffic circles and telephone poles in the neighborhood. We are also contacting people listed on our electronic database via email and telephone. This is a new grass-roots approach for conducting outreach that we would like to experiment with. We pray that angels will cut the people free and bring them to our services.





Another grass-roots idea that we are experimenting with is to spread the blessings of the violet flame in the city by posting over 200 flyers bearing the following violet flame mantra on the back of three-wheeler auto-rickshaws (aka, tuk-tuks):

I AM a being of violet fire I AM the purity God desires!

There are over 30,000 tuk-tuks in the city driving everyday on the roads of Delhi. We believe when people will see this mantra and begin to give it, the spiritual alchemy will raise the vibration of the city. The sign on the tuk-tuks also includes contact information.

Air pollution in Delhi has steadily become an acute problem over the past few years. The major sources of pollution are  $PM_{2.5}$  —



particulate matters less than 2.5 microns, which comes from automobiles, industry, construction, and open-burning practices. According to a 2014 report released by the World Health Organization, Delhi is the most polluted city in the world when it comes to air quality.

Our next step is to advertise the following mantra in the like manner all across the city:

Delhi is a city of violet fire Delhi is the purity God desires!

We pray the angels and elementals will raise the consciousness of the people in Delhi, India and the planet as they begin to give violet flame mantras.



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### **How to Use the Violet Flame in Nine Easy Steps**

#### **Nine Steps for Putting the Violet Flame into Action in Your Life**

#### 1. Set aside a time each day to give violet flame.

You can give violet-flame decrees anywhere, anytime—in your car, while doing chores or before going to bed. In fact, simply repeating a violet-flame mantra anytime you feel tense, tired or irritated can make the difference.



#### 2. Begin your violet-flame session with a prayer.

Before you begin your decrees, give a prayer, or invocation, asking the Ascended Masters, angels and elementals to come and help you.

#### 3. Invoke protection before you start using the violet flame.

The Masters teach that when you bring forth more light, darkness is drawn to it, as if by a magnet. So you need to seal your aura with the white and blue protective energy. One of the best ways to do this is to pray for the protection of Archangel Michael. Your prayer to Archangel Michael can be as simple as "Archangel Michael, Help me! help me!" Archangel Michael embodies the qualities of faith, protection, perfection and the will of God.

#### 4. Begin your violet-flame decree with a preamble.

We generally begin our decrees by saying, "In the name of the beloved mighty victorious Presence of God, I AM in me, and my very own beloved Higher Self, I call to the angels of the violet flame to join me in my decrees. I thank you and I accept it done this hour in full power, according to the will of God".

#### 5. Give the decree slowly at first, then speed up as you give more repetitions of the decree.

The first time you give a decree, you will want to repeat it slowly and deliberately. Endow each word with intense love for God. There is great power in giving a decree slowly. But there is a different power that comes as you gradually increase the speed and raise the pitch of the decree.

#### 6. Use visualizations to assist your spiritual work.

Most people don't see the violet flame in action with their physical eyes. But when you close your eyes and concentrate on the energy center between your eyebrows, you can sometimes "see" the violet flame at work with your inner eye.

#### 7. Use violet flame every day.

One of the best times to give your decrees is in the early morning. You'll find that if you decree first thing in the morning, your day will go much smoother.

#### 8. Use the violet flame to heal the records of past lives.

After you have been giving the violet flame for some time, you may find yourself recalling past lives. Each time you transmute the records of a past life with the violet flame, you gain a new sense of your soul's liberation. And by and by you will realize that you are taking command of your soul's destiny.

# 9. Expand the scope of your invocations to include cleaning up karmic debris in your house, your neighborhood and the planet.

As you practice directing the violet flame to help others, you can begin to think of your aura as a violet-flame fountain where all whom you meet can come and drink. Not only does the violet flame dissolve your own karma, but it can also dissolve group or planetary karma.

Source: Elizabeth Clare Prophet, Violet Flame to Heal Body, Mind and Soul, Summit Publications, Gardiner, MT (USA) 2013. Distributed by: Chananda Cultural Society, New Delhi.



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### **Happy Birthday, Guru Ma!**

The Chananda Cultural Society celebrated Mother's birthday on Sunday, April 3 during our Sunday service from 11:00 am-2:00 pm with much enthusiasm and excitement. We had sent out beautiful invitation cards to our members in the Metropolitan New Delhi area and followed it by calling everyone on the telephone. Many old and new members came, including some Keepers of the Flame with their families. To make things move smoothly during the service, we printed beautiful booklets, yellow in color, for each person's use.

People took them home after the service for using them again for decreeing and also as a souvenir. The booklets had the picture of Mother on the front cover with the following words inscribed from her:

"I leave you with the promise of glory. I leave you with the vision held in the heart of the Mother. 'Tis the vision of your victory. It's the vision of your light. Reach out, reach up, and seize the torch of victory and run with the light. For it shall be and it shall come to pass that you also will be the Buddha in the world to come, and Mother of infinity."

The booklet included a brief bibliography of Mother, 'The Legacy of Elizabeth Clare Prophet' followed by the words of her keynote song, 'Beautiful Dreamer' and five short decrees including Call to Fire Breath; Heart, Head and Hand; Light Set Me Free; I AM the Light of the Heart; and I AM Light decrees.

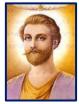
After offering our devotion to the Guru through her keynote song and decrees, we watched a few excerpts from the DVD produced by the Summit Lighthouse Elizabeth Clare Prophet: A Life Lived in Love. This video is a living and inspirational testimonial of the life of our beloved Mother who lived in love and showed to the world that what one can do, all can do. People were moved by the video and several of them commented afterwards how they felt uplifted.

We had a delicious pineapple cake afterwards, served by two young adults — a brother and sister — who had been coming to the Sunday services with their parents. It turned out to be a hot day with temperature soaring in upper nineties. To cool it off, we served fruit salad, ice cream and cookies. It was a nice fellowship of which to be part. People loved the snacks very much. Some folks stayed much later until seven o'clock in the evening and enjoyed basking in the light.

During the entire service, one could feel the tangible presence of Mother with us. This was the first time at the ashram, since we established our focus in October 2011, that we celebrated Mother's birthday and showed the video of her legacy.

Everyone seemed to enjoy partaking in this feast of light.

### **Violet Flame Quote of the Season (by the Ascended Master Saint Germain)**



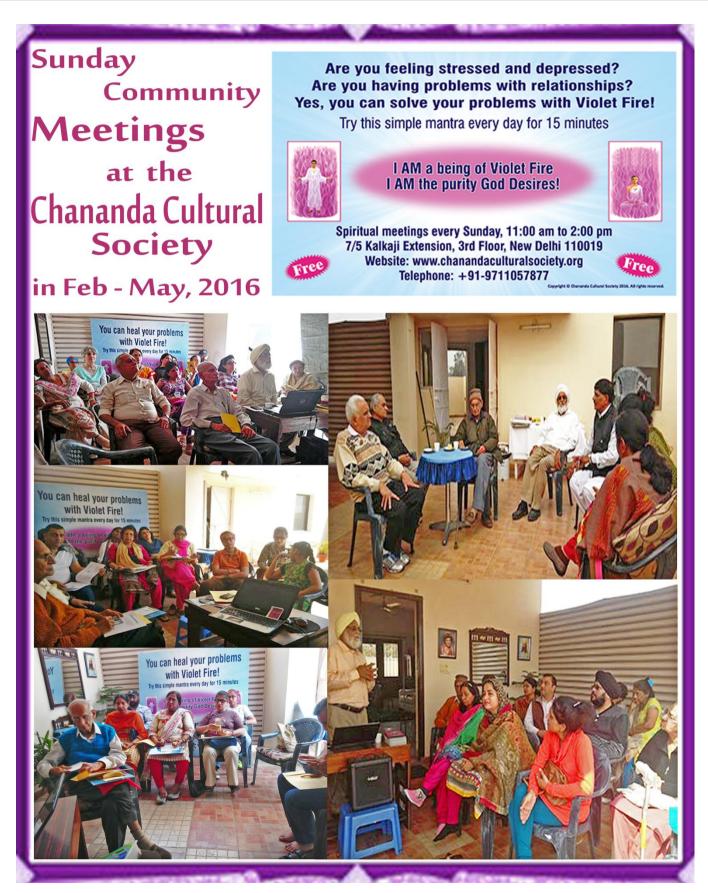
"The gift of the violet flame is the great miracle of the century to consume, to roll back with that thrust, that roll and a ho, ho, ho! And the laughter is the laughter of a cosmos. It is the laughter of life—life that has become the fullness of itself by the utter transmutation of every record of death."

Saint Germain, Pearls of Wisdom ®, Vol. 59, No. 2, January 15, 2016

**Saint Germain** 



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#### From Our Members.....

My name is Dr. Prem D. Sayal. I have a doctorate in English and American Literature. After working for 35 years, I retired from the U.S. Educational Foundation in New Delhi, India as Senior Program Director. The search for Truth has been the main passion in my life. In early 2014, I saw an advertisement in the *Times of India* newspaper about a workshop being organized by the Chananda Cultural Society in New Delhi. What fascinated me most was the kind of knowledge about such new concepts as the violet flame, the ascended masters, the science of the spoken word through decrees, the role angels play in protecting us, the



dictations given by the masters—all this knowledge had been revealed through the Divine Messengers Mark. L. Prophet and Elizabeth Clare Prophet. This wisdom that has been imparted by the heavenly hosts is surely immeasurable whereas the capacity to comprehend is limited. Only divine grace can make us complete the divine plan designed for us.



My name is Renu Anand Malik. I lost my mother in April 2012 and husband in September 2012. After that happened, I felt quite alone in the world as I do not have any children to look after me. During that phase of my life, I saw an ad in a new-age magazine for a workshop on violet flame sponsored by the Chananda Cultural Society which was going to be held in a famous venue in New Delhi. I attended the workshop and was introduced to the violet flame and the ascended masters' teachings. Initially, I was not able to follow the teachings with much regularity but gradually I started giving decrees on a regular basis both when I was inside

my home or outside. I noticed my awareness about the Archangels, Ascended Masters, and other cosmic beings began to expand as I devoted more time in decrees. I have often felt their presence around me. I am thankful to the ascended masters for giving me the gift of the violet flame.

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My name is Onkar Singh. For me, it is impossible to enumerate exhaustively all the benefits of the violet flame. The violet flame has assisted all of my family and improved work dynamics and relationships by balancing old karmas and hurts, and bringing greater harmony. I have noticed that when I give the violet flame on a regular basis, it brings positive changes not only within myself but also within my family members and those with whom I work closely. I have also observed the more I give violet flame mantras, decrees and songs, the more I feel the transmutation of the blocks that had existed between my soul and

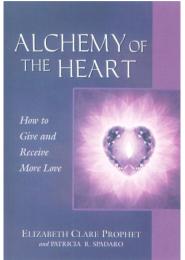


my divine self. I and my family are grateful for the teachings of the ascended masters and blessing of the violet flame in fulfilling our lives.

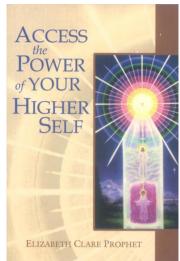


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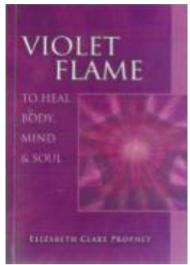
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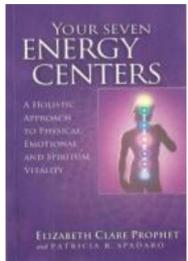
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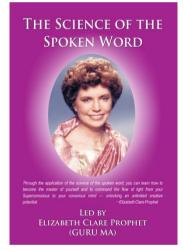
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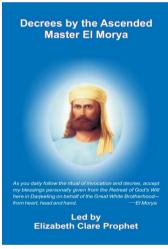
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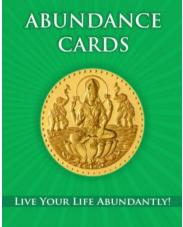
Price: Rs. 200/- 100/-Audio Mantras in English



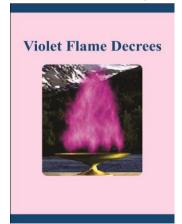
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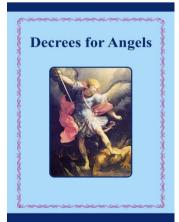
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